How to Find Your Benefits Information

Please Log In...

User ID

Password

Sign In
This reference guide is designed to help employees find information that was previously in the Personal Statement of Benefits (PSOB) and can now be found online via PLUS or the TVA Retirement System (TVARS) website. On the left side of each page in this reference guide, you can see the information that was contained in the PSOB. On the right, see where to now find that same information online.
How to Find Your Benefits Info

Log into the PLUS Portal using your TVA network ID and password:
Where do I Find my Personal Information in PLUS?

Personal Data

• Date of Birth
• Military Status
• Federal Service Date
• Company Seniority Date
• Plant Seniority Date, if applicable

Under the Life Section:

1. Click Personal Information Summary
2. Click Employee Information

Contact the Human Resources department if any of your Employee Information is incorrect.
Where do I Find my Leave Balances in PLUS?

**Personal Data**

- Sick Leave and Forfeited Annual Leave

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**Under the Money Section:**

1. Click View Paycheck

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**LEAVE INFORMATION: 06/01/2014**

<table>
<thead>
<tr>
<th></th>
<th>Earned</th>
<th>Taken</th>
<th>Adjusted</th>
<th>Balance</th>
<th>To Be Taken</th>
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<tr>
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<td>80</td>
<td>94</td>
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<td>224</td>
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<td>Forfeit Hours YTD</td>
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<td>36</td>
<td>6</td>
<td>0</td>
<td>1672</td>
<td>0</td>
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</table>
Benefit Plan Elections

- Medical
- Dental
- Core Life
- Supplemental Life
- Accidental Death & Dismemberment (AD/D)
- Dependent AD/D
- Spouse and/or Supplemental Life
- Federal Employees Group Life Insurance (FEGLI)
- Optional LTD
- Flexible Spending Accounts
- Health Savings Account

Under the Benefits Section:

1. Click Your Benefits Information
2. Click Benefits Summary

Benefits Summary

<table>
<thead>
<tr>
<th>Type of Benefit</th>
<th>Plan Description</th>
<th>Coverage or Participation</th>
<th>Credits</th>
<th>Before Tax</th>
<th>After Tax</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical</td>
<td>Medical 80</td>
<td>Individual</td>
<td>52.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dental</td>
<td>Dental 1260</td>
<td>Individual</td>
<td>2.47</td>
<td></td>
<td></td>
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<tr>
<td>Core Life</td>
<td>Core Life Insurance</td>
<td>$10,000</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Supplemental Life</td>
<td>Supplemental Life - 3 X Pay</td>
<td>Salary X 3</td>
<td>8.06</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AD&amp;D</td>
<td>AD&amp;D - Opt 5 3X Pay</td>
<td>Salary X 3</td>
<td>2.30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dependent AD&amp;D</td>
<td>Waived</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Child Supplemental Life</td>
<td>Waived</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spouse Supplemental Life</td>
<td>Waived</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>FEGLI Basic Life</td>
<td>Waived</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>FEGLI - Option B</td>
<td>Waived</td>
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<tr>
<td>FEGLI - Option C</td>
<td>Waived</td>
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<tr>
<td>FEGLI - Option A</td>
<td>Waived</td>
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</tr>
<tr>
<td>Optional Long Term Disability</td>
<td>Optional LTD</td>
<td>35% of Salary</td>
<td>2.98</td>
<td></td>
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</tr>
<tr>
<td>401(k)</td>
<td>401K - CBS</td>
<td>6% Before Tax</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
Where do I Find my Beneficiary Information for my Life Insurance in PLUS?

Under the Benefits Section:

1. Click Your Benefits Information

2. To view/change beneficiaries and/or allocation amounts/percentages:
   - Click on the Benefit Plan for which you would like to view your beneficiaries.
   - Click Edit under the Covered Beneficiaries section to edit your list of beneficiaries and/or allocation amounts. Both primary and secondary beneficiary(ies) may be named.
   - Click Save to save the changes.
   - Repeat for each benefit (Core Life, Supplemental Life and AD&D).
Retirement Benefit Structure

CBS = Cash Balance Benefit Structure
OBS = Original Benefit Structure
Employer Automatic = Employer Automatic Benefit Structure

If you are not currently contributing to the 401(k) Plan, this information will not be displayed. Please contact the TVA Retirement System.

Under the Benefits Section:

1. Click Your Benefits Information
2. Under 401(k)-CBS, OBS, or Employer Automatic

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How do I access the TVARS Website?

You may access the TVARS website from PLUS:

Under Other Resources:

1. Click Retirement

or

Visit the website directly:

www.tvars.com
How do I Obtain my Cash Balance Account Value?

Cash Balance Account

• Cash Balance Account Current Value

Cash Balance Benefit Structure participants can access Aon Hewitt’s website to view current balance. Participants can link to Aon Hewitt’s website from the TVARS homepage.

How do I Obtain my Cash Balance Account Value?

1. Access Aon Hewitt’s website to view current balance.
2. Link to Aon Hewitt’s website from the TVARS homepage.

Related Information:
- Cash Balance Account Benefit Structure
- Pension Retirement (FAQ)
- Deferred Service & Rule at 60 (FAQ)
- Pension Factor Table
- Disability Retirement (FAQ)
- Aon Hewitt website
Cash Balance Pension

- Projected Monthly Retirement Benefits

Cash Balance Benefit Structure participants can estimate their monthly pension benefit by using the Cash Balance Benefit Calculator.
Projected Monthly Retirement Benefits

- Retirement Benefit Estimates for two ages

Original Benefit Structure and Cash Balance Benefit Structure participants can request a Retirement Benefit Estimate through the TVARS SharePoint site. Participants can use the Special Instructions field for any customized requests, such as a disability estimate. This estimate will reflect the current TVARS beneficiary.
How do I Obtain my Balances in the Savings Plans?

Savings Plans

- Fixed and Variable Fund Balances
- 401(k) Plan Balance
- 401(k) Plan Beneficiary

Access Fidelity Investments’ website to view current balance(s) and 401(k) Plan beneficiary(ies). Participants can link to Fidelity’s website from the TVARS homepage.
How do I Obtain my Disability Benefits?

**TVARS Disability Benefits**

Available from TVARS or Fidelity Investments

- Disability Retirement Income (For OBS and CBBS participants)
- Supplemental Benefit, if applicable
- Fixed and Variable Fund Balances, if applicable
- 401(k) Plan Balance, if applicable

**TVA Disability Benefits**

Available in PLUS

1. Click Benefits & Wellness Info

2. Click Disability from the Medical, Life & Disability Section
   - Short Term Disability
   - Long Term Disability
   - Social Security Disability
Retirement Benefits

Available from TVARS or Fidelity Investments

• TVA-funded Death Benefit (For OBS and CBBS participants)
• Supplemental Benefit, if applicable
• Fixed and Variable Fund Balances, if applicable
• 401(k) Plan Balance, if applicable

Life Insurance, if applicable

Available in PLUS

• Core Life Insurance
• Supplemental Life Insurance
• Accidental Death & Dismemberment (AD/D)
• Federal Employees Group Life Insurance (FEGLI)

Additional Survivor Benefits

Available in PLUS

• Annual Leave Balance (Refer to Your Paycheck)

Dependent Benefits-Payable to You

Available in PLUS

• Dependent Accidental Death & Dismemberment
• Spouse and Child Supplemental Life
• Federal Employees Group Life Insurance (FEGLI) – Option C
How do I Find More Information on TVARS Benefits?

TVARS Benefits

- Explanation of Retirement Benefit Structure
- Supplemental Benefit (FAQ)
- Level Income Plan (FAQ)
- Disability Retirement (FAQ)
- Death Benefits (FAQ)

Publications on these topics can be found under Forms and Documents.
Contacts and Other Useful Information

• Blue Cross/Blue Shield of Tennessee (Medical and Vision)
• Catamaran (Prescription Drugs)
• Other Benefit Providers

TVA Employee Benefits
• Phone: Knoxville 865-632-8800
  Chattanooga 423-751-8800
• Toll-free: 888-275-8094
• Email: TVAEmployeeBenefits@tva.gov

TVA Retirement System
• Phone: 865-632-2672
• Toll-free: 800-824-3870
• Email: retsvcs@tva.gov

Under the Benefits Section:
1. Click Benefits & Wellness Info
2. Click Contact Information

Related
Privacy
About Us
Does Something Need Updating?

Need Help?
FAQs
Contact Information
Forms
Plan Documents
Glossary of Terms

Contact Information

Instructions: Hover over the name on the left to view the contact information. Or, view a list that can be filtered by benefit.

<table>
<thead>
<tr>
<th>Organization</th>
<th>Blue Cross Blue Shield of Tennessee (Vision)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone Number(s)</td>
<td>877-340-9717</td>
</tr>
<tr>
<td>Fax Number</td>
<td></td>
</tr>
<tr>
<td>E-mail Address</td>
<td></td>
</tr>
<tr>
<td>Hours of Operation</td>
<td>8:00 am - 11:00 pm ET, Monday - Saturday 11:00 am - 8:00 pm ET, Sunday</td>
</tr>
<tr>
<td>Web Page</td>
<td><a href="http://www.tctsi.com">http://www.tctsi.com</a></td>
</tr>
<tr>
<td>Attachments</td>
<td></td>
</tr>
<tr>
<td>Benefits</td>
<td>Retiree or Terminating Employee, Vision</td>
</tr>
</tbody>
</table>